14

Aquatics

Richmond Swim Center

At the Richmond Swim Center, our goal is to provide a safe, clean and enjoyable atmosphere while providing you with impeccable customer service. "We Promote Safety and Security within Our Community"

Adult Fitness Swim

Lap swimming is a self-paced swim. It is usually done in your own lane; however circle swimming may be required depending on lane availability. 15 and 30 visit passes are available. You must be 16 or older.

Date:	12/1-5/30
Days:	M,W
Times:	7:00am-11:45am
	4:00pm-6:00pm
Days:	F
	6:00am-11:45am only
Days:	T, TH
Times:	8:00am-11:45am
111100.	4:00pm-6:00pm
Days:	Sa
Times:	8:00am-10:30am
Ages:	16 and up
Cost:	\$4 per visit / \$5 non-residen
Location:	Richmond Swim Center

Morning Jump Start!

This fun water-loving class is sure to get your body ready and on the go! Come and join us for a great time as we work it out and get your heart pumping in the waves!

Date:	12/1-5/30
Day:	M, W, F
Times:	8:00am-9:00am
Cost:	\$4 per visit / \$5 non-resident
Ages:	Adults & High School Students with ID
Instructor:	Sandy Chen
Location:	Richmond Swim Center

AquaSlimnastics

Enjoy this fun and creative water exercise class! Strengthen your body with a little resistance training. You'll have all your friends saying "wow!" in no time.

Date:	12/1-5/30
Day:	M, W, F
limes:	9:00am-10:00am
Cost:	\$4 per visit / \$5 non-resident
Ages:	Adults & High School Students with ID
nstructor:	Sandy Chen
ocation:	Richmond Swim Center

Water Walking

This is a self-paced, self-directed workout. Use the water weights and guide yourself all the way to total fitness!

12/1-5/30
M, W, F
7:00am-8:00am
\$4 per visit / \$5 non-resident
Adults & High School Students with ID
Self-paced
Richmond Swim Center

AquaFitness

You're sure to have a great time in this exciting and motivating class! Listen to some cool grooves as you make your way to aerobic fitness.

Date:12/1-5/30Day:T,THTimes:9:00am-10:00amCost:\$4 per visit / \$5 non-residentAges:Adults & High School Students with IDInstructor:Sandy ChenLocation:Richmond Swim Center

Lifeguard Boot Camp

Want to be a Lifeguard but your swimming skills just aren't up to par? Let our staff push you to be your personal best to help you pass the Lifeguard test! Improve your strength and endurance.

 Date:
 1/11-4/4

 Day:
 M T,W

 Times:
 5:00pm-6:00pm

 Cost:
 \$55 / \$60 non-resident

 Ages:
 Adults & High School Students with ID

 Location:
 Richmond Swim Center

Lifeguard Training

Are you ready for a challenge? This course will prepare you and provide certification to become a professional lifeguard. If successful, you can apply to be a part of our awesome Richmond Aquatics staff.

Date:
Day:
Times:
Cost:
Location:

F, 4/16 (pre-test at 6pm) 4/17-4/18 & 4/24-4/25 Sa, Su (2 weekends) 8:30am-5:30pm \$150 / \$165 non-resident Richmond Swim Center



Whales Tales

This water safety education program is designed for preschool/day care groups. With swimming lessons included, it's sure to get those little ones excited and ready to swim! Call 620-6654 for more information.

Aqua Tots Parent-Tot Water Orientation

Sure to get those little ones jazzed up for the water, this class is loads of fun! Designed to provide a pleasant experience while children get introduced to aquatics.

Session I:	9/14-9/30
Session II:	10/19-11/4
Days:	M,W
Times:	11:00am -11:30am
Cost:	\$35 per session / \$39 non-resident
Ages:	3 months- 3 years
Instructor:	Swim Center Staff
Location:	Richmond Swim Center
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Tot Splash

This is an excellent time for Moms and Dads to bring little ones for fun in the water! Adults must be with their children at all times. Children in diapers, must wear a swim diaper

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Date:	12/1-5/30
Day:	M, W, F
Times:	3:00pm-4:00pm
Cost:	\$1 per adult, \$1 per child
Ages:	Adults with Children ages 0-5
Location:	Richmond Swim Center

Swim Passes

Swim Passes are a wonderful way to enjoy the pool without the hassle of cash! Purchase your swim pass at the Richmond Swim Center office today! \$45 for 15 visit pass / \$50 non-resident \$75 for 30 visit pass / \$82 non-resident

Season Pass-new!

Season Passes will only be available for sale during these times only:

Fall Pass

Purchase during: October 1st- October 7th use for October 1st- December 20th Passes will be good for the season of purchase only. Cost is: \$165.00 per season pass.

Mother's Day Float

Celebrate Mom by the water! Bring mom down for a continental breakfast and a dip in the pool. Listen to some cool jazz while enjoying a wonderful morning.

Date:	5/8	
Day:	Sa	
Times:	9:00am-11:30am	
Cost:	\$3 per adult, \$1 per child	
Ages:	All ages	
Location:	Richmond Swim Center	
*swim passes are	not accepted for this special eve	nt

Senior Polar Bear Swim

This one is for the mature and lovely only! The wonderful seniors are invited to enjoy a morning full of fitness and fun. Take a class or just sit pool side and have a cup of juice. A wonderful way to start your weekend! Date: 12/12 Day: Sa Times: 8:00am-10:30am Cost: \$3 per adult Mature Adults 50+ Ages: **Richmond Swim Center** Location:

*swim passes are not accepted for this special event

Admission and Supervision Requirements

Due to the depths of the pools, children must be supervised and within arms reach at all times in the water and deck areas by an adult, 18 years/older, with a limit of 2 children per adult.

PERSONAL FLOTATION DEVICES

We do not allow the use of personal flotation devices (PFD). This includes water wings, swimmies, noodles, etc. during open swim hours. These devices are not recommended by the American Red Cross or United States Coast Guard as a supplement to parental supervision in the water.

Closures

The Richmond Swim Center will be closed during the following dates: 11/23-11/29, 12/19-1/3, 1/18, 2/15, 5/29-5/31